



**« Christ has  
no body but  
yours, no  
hands, no  
feet on earth  
but yours.  
Yours are  
the eyes  
with which  
he looks  
Compassion  
on this  
world.  
Yours are  
the feet with  
which he  
blesses all  
the world.  
Yours are  
the hands,  
you are the  
feet, yours  
are the eyes  
with which  
he looks  
Compassion  
on this  
world.  
Christ has  
no body now  
on earth but  
yours. »**

**St. Teresa of  
Avila**

# **Announcing Jesus Christ on my Journey!**

## **How to be His face ?**

Christ does not have another smiling face but ours. He has no other eyes than ours to look at the world with love. The smile of someone who loves us makes us live. So if someone looks at us without really seeing us, he stirs in us the feeling that we do not exist.

We find the same reality in Israel's Covenant with God. «Let your face shine on us and we shall be saved» (Ps 80, 3) We can therefore see salvation as God who looks at us with love. «May the Lord let the light of his face shine on you.» If someone looks at us with love, we can take time to welcome this smile.

Thanks to the mystery of Incarnation, the face of God took flesh in that of Jesus. During his life on earth, he noticed all those who needed this smile. We can think of Zacchaeus on his tree, of Matthew, the tax collector, sitting at his desk... We could thus read again all the encounters Jesus had with the people of his time.

In our world, we can count the millions of persons who feel invisible, anonymous to others. They do not count, or are not important for those around them. They need for us see them.

To smile at someone, is to underline the value that person has for us. Such that, to look at someone with love is to give them life.

+ Claude Champagne, O.M.I.  
Bishop of Edmundston

### **A little experience!**

Try this little experience. During one whole day, before speaking to someone, smile.

According to you, what will be the reaction? Just try.  
**To smile to another is to give them the proof of  
God's love.**

### **A question to ask yourself?**

- ☺ On a scale, 1 to 10, does my face smile at others?
- ☺ If, to listen to the Word of God today would be to invent a smile... who, around me, would need it the most? If I had a kind word to say, to whom would I address it first?